



AND THE OSCAR GOES
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PHILANTHROPIST?
YOUTH PUTS STYLISH
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OTTAWA

metro®

Monday, February 21, 2011
www.metronews.ca



News worth sharing.



Transit union suspends talks

► OC Transpo drivers' current contract expires at the end of March ► Driver scheduling was a major issue in 2008-09 transit strike ► City shoving schedule 'down operators' throats,' union boss says

 STEVE COLLINS
OTTAWA@METRONEWS.CA

The transit union has suspended contract talks

and given the city until tomorrow to make concessions on scheduling before it

takes its case to arbitration. The city's proposed schedule for April "continues to exacerbate the reasons why there is not likely any hopeful sign whatsoever for positive labour relations in 2011 or the foreseeable future," ATU 279

president Mike Aldrich wrote transit chair Dianne Deans on Thursday.

"The only thing I can tell you is that the letter was addressed to me, I forwarded it to our legal department and I expect that they will answer the union," Deans said.



► National men's sledge hockey team members Jean Labonté and Marc Dorion scramble for the puck in a demonstration game against players from Sledge Hockey of Eastern Ontario (SHEO) at Winterlude.

SEAN MCKIBBON/METRO

Sledgers take centre ice at Winterlude

OC Transpo Paparazzi not wanted on the bus

► YouTube video immortalizes shouting match {page 7}

Protesters rock Parliament Hill

Libyan leader urged to
step down {page 4}

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Fashion forward for noble cause

► 12-year-old receives United Way Community Builder Award for raising money for children's hospices

 JOE LOFARO
OTTAWA@METRONEWS.CA

Grade 7 student Kate Reeve was buzzing around like a bumblebee in the Glebe Community Centre yesterday watching six months of planning unfold on the catwalk.

Reeve got the idea to organize a charity fashion show after reading about the struggle of terminally ill children at Vancouver's Canuck Place.

"I read about a terminally ill girl with lung cancer staying there and I thought I should do something to help them," said Reeve, who is 12. "They told me about Roger's House (a palliative-care centre for children) in Ot-

tawa and I thought I should help both."

The planning started last summer, and after several emails and phone calls, Reeve got local designers, models and sponsors on board. Her goal was to raise \$5,000, and she plans to split the funds raised to give to both hospices.

She said the most difficult part of organizing the extravaganza was staying on top of all the little details.

"Call this person, email this person, you have to remember to do this and that," she said.

Reeve still had fun watching the models on the catwalk and said she looks forward to organizing another fundraiser in the future.

Charitable past

JOE LOFARO/FOR METRO



► Kate Reeve

► Fundraising Kate Reeve is a Grade 7 student at

Immaculata High School and has a history of fundraising activities.

► Bake sale She helped organize a Cookie Club bake sale in grades 3 and 4 and raised more than \$1,000 for the Shepherds of Good Hope.

► Inspiration Last year she read an article about a group of five girls who organized a charity fashion show. After that she read an article in Today's Parent magazine about the hospice in Vancouver.



► A model shows off a dress by Jana Hanzel at the Fashion Show for Funds benefit at the Glebe Community Centre yesterday. For more photos, go to metronews.ca/ottawa.

Winterman Marathon runners out in full force

Braving -14 C temperatures and 20 km/h winds, Ottawa's runners came out to run the Winterman Marathon and support a local search-and-rescue charity. "This race contributes a significant amount to our operations," said Peter Devanney, fundraising director for Search and Rescue Global 1. Devanney's group mounts search operations

3 Sebastian Roulier of Sherbrooke, Que., took first place in the marathon, with a time of 2:47 minutes, just under 3 hours.

when people are lost in wilderness areas in the Ottawa, Gatineau and MRC des Collines regions.

► SEAN MCKIBBON



► Winterman Marathon

News in brief

2-year-old killed in collision

ACCIDENT. A collision between a car and transport truck on Highway 417 at Innes Road Thursday killed a two-year-old boy and hospitalized his stepfather. ■ STEVE COLLINS

Contaminated rind cheese

WARNING. The Canadian

Food Inspection Agency is warning the public not to eat Rose Haus Cave Aged Washed Rind Cheese (Lot Code 400411) because it may be contaminated with listeria. ■ STEVE COLLINS

Rideau Canal reopens

WARM. The entire Rideau Canal Skateway will reopen today at 6 a.m. for the final day of Winterlude, after warm weather caused closures. ■ STEVE COLLINS



News on the move

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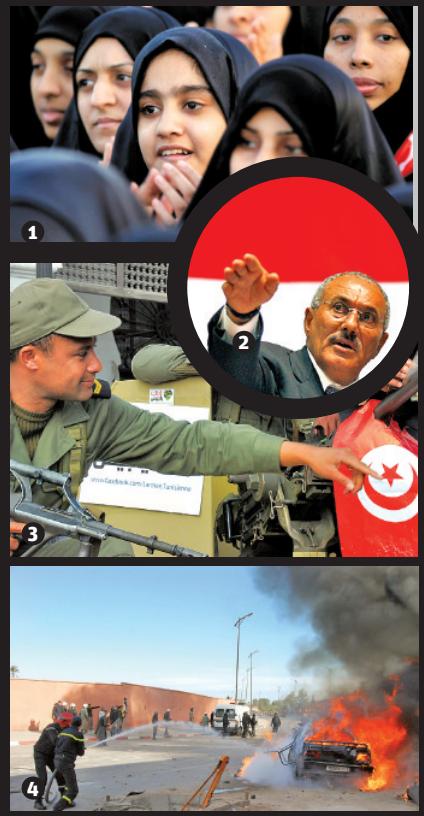


Canada's big banks will lead the way for investors as the markets open for the week. Video at metronews.ca

 Follow us on Twitter @metrottawta



Coach says people must 'stick their necks out' to keep women's hockey in Olympics. Scan code for story.

News
in pictures**1**

Bahraini anti-government protesters at the Pearl roundabout in Manama, Bahrain, yesterday. Bahrain's opposition weighed the regime's offer for talks after nearly a week of protests calling for the tiny Gulf nation's monarchy to give up its near-absolute control over key policies.

THE ASSOCIATED PRESS

2

Yemeni President Ali Abdullah Saleh offered to oversee a dialogue between the ruling party and the opposition, in a bid to diffuse 11 days of protests across the country calling for his ouster. Opposition groups are refusing all dialogue with Ali Abdullah Saleh, a key U.S. ally, as long as security forces suppress demonstrations.

THE ASSOCIATED PRESS

3

Tunisian military looks at a demonstrator hanging a flag on an armoured vehicle during an anti-government demonstration in Tunis yesterday. Several thousand protesters swarmed the governmental palace to demand the ouster of the provisional government.

THE ASSOCIATED PRESS

4

A car burns during protests in Marrakech in one of a string of nationwide protests that brought thousands to the streets across Morocco yesterday in an effort to push for greater democracy and constitutional reform. Thousands of people marched in cities across Morocco, demanding greater democracy in the North African kingdom.

THE ASSOCIATED PRESS

1. HASSAN AMMAR/THE ASSOCIATED PRESS
2. HANI MOHAMMED/THE ASSOCIATED PRESS
3. HASSEENE DRIDI/THE ASSOCIATED PRESS
4. TARIK NAJMAOUJ/THE ASSOCIATED PRESS

Royal invites in the mail

Keep an eye on the mailbox — Britain's Prince William and bride-to-be Kate Middleton have sent out invites to their hotly anticipated royal wedding to around 1,900 guests.

Military personnel and charity workers will mingle with European royalty, diplomats, and the family and friends of the couple at the Westminster Abbey ceremony on April 29, St. James's Palace said yesterday.

Queen Elizabeth II and

the Duke of Edinburgh will lead a group of 50 members of the British royal family at the wedding, while around 40 representatives of foreign royal families — likely to include dignitaries from Spain, Sweden and Greece — will also attend.

It isn't yet known whether celebrities including singer Elton John — a friend of William's mother Diana, the Princess of Wales — or Kanye West, a favourite of the prince who

performed at a 2007 tribute concert for his mother, are among those who'll receive a prized invite.

Britain's Sunday Express newspaper reported that footballer David Beckham and his wife, Victoria, are on the royal guest list.

One guest already ruled out is Sarah Ferguson, the Duchess of York.

In a statement, William's office said it would not disclose details of individual guests.

THE ASSOCIATED PRESS



► A worker puts wedding invites into envelopes.

Canadian rallies support Libyans

► More than 200 killed since Wednesday ► Demonstrators calling for Libya leader to resign

There were several rallies in Canada this weekend to show support for protesters in Libya who defied a crackdown by leader Moammar Gadhafi's regime by returning yesterday to the flashpoint city of Benghazi to demand the ruler be overthrown.

More than 100 people rallied in Toronto yesterday. Rallies were also held on Parliament Hill and at the Manitoba legislature on Saturday.

Yesterday, Libyan forces fired machine guns at thousands of mourners marching in a funeral for anti-government protesters in the city of Benghazi, a day after commandos and foreign mercenaries attacked demonstrators with assault rifles and other heavy weapons.

At least 204 people have been killed in the oil-rich country since Wednesday.

THE CANADIAN PRESS

Libya unrest

- Libyan authorities are considering constitutional changes following anti-government rallies.
- Italy has strong ties both politically and economically with Libya, which it occupied for 30 years until 1943.
- United States is warning travellers to avoid non-essential visits to Libya because of the continuing clashes between protesters and security.
- The State Department has also cautioned citizens already in Libya against travelling to eastern Libya, where many of the heated protests are taking place.

2M The capital Tripoli, a city of some 2 million people, remained in a stronghold of Gadhafi support, with security curbing small protests.



► Protesters rally against Libyan leader Moammar Gadhafi in the Mediterranean port city of Alexandria yesterday.

Canada to research Caribbean malady

The Government of Canada plans to spend \$55,000 to combat Montezuma's revenge.

The Public Health Agency of Canada has published details of its intention to fight food-borne, gastrointestinal illness in eight Caribbean countries.

Ottawa has put out a tender for researchers who will help analyze data that will measure the impact in the Caribbean.

The malady, spread through contaminated food and water, strikes locals as well as the region's visitors.

THE CANADIAN PRESS

News in brief

U.S. trailing hijacked boat

A warship is tracking a yacht carrying four Americans hijacked by Somali pirates, a pirate said yesterday.

It was hijacked Friday off the Oman coast.

THE ASSOCIATED PRESS

Texas wants to arm students

Texas is preparing to give college students and professors the right to carry guns on campus.

More than half the members of the Texas House signed on as co-authors of a measure directing universities to allow concealed handguns.

THE ASSOCIATED PRESS

DEADLY SLIDE

Three killed in avalanche

Three men were killed and another injured after an avalanche thundered down Mount Gerald in eastern British Columbia on Saturday.

The Mounties said two fathers and two sons were snowmobiling in the Hope River back country area, 70 kilometres west of Golden, B.C.,

when the snowslide hit around 4:50 p.m. local time.

"The avalanche appears to have been human triggered when two of the four men were high marking and the other two men were observing at the bottom of the slope," said Cpl. Dan Moskaluk. "The slide buried these four males."

Those buried had emergency beacons which alerted authorities to the avalanche. A second group helped dig for survivors. **THE CANADIAN PRESS**

Gas explosion investigated

A natural gas pipeline ruptured and exploded into a huge fireball in northwest Ontario around midnight Saturday, but police say no one was injured.

The Transportation Safety Board of Canada says the explosion occurred near Beardmore, Ont., about 170 kilometres northeast of Thunder Bay.

It sent a team to investigate the blast.

"It seemed like the world was coming to an end," Darlene Enders said yesterday from her home in Beardmore.

"The sky lit right up — it was like daylight — and the house started vibrating," the 51-year-old said.

Highway 11 was closed until about 8 a.m. yesterday while emergency crews extinguished the flames. **THE CANADIAN PRESS**

Five hurt in car crash

Five people were taken to hospital after nine vehicles crashed in bad weather in southern Ontario.

Police say a vehicle struck a guard rail between Walkerton and Hanover. **THE CANADIAN PRESS**

Arrest made in sex assault

Police have made an arrest in a historic sex assault case. It's alleged a 13-year-old girl was assaulted in Mississauga, Ont., in 2002 but only recently came forward. **THE CANADIAN PRESS**

Faceoff on the moon?

► Canucks hope to land hockey puck on lunar surface ► Teams across four continents to compete for big, pie-in-the-sky prize money

A group of Canadian space buffs wants to make a hockey puck boldly go where no hockey puck has gone before: the surface of the moon.

The Vancouver group is one of 29 teams from 17 countries competing in the latest race to the moon: the Google Lunar X Prize, funded by the web giant to encourage commercial space development.

Alex Dobrianski, Plan B's team leader, says it will take him 18 months to complete his lunar craft.

The pucks are about much more than symbolism, however; they also carry a utilitarian function.

Dobrianski says three pucks would be mounted on the vehicle's motors and would help provide stability, to keep it from tipping over.

"When you need to orient a probe, the normal way is to use a special weight," Dobrianski said.

"When I looked at what weight would be suitable I just picked up my son's hockey puck and took it in my hands and found that, 'Yeah, found it's heavy and it will be absolutely perfect for this job.'"



► Alex Dobrianski, leader of the Canadian team Plan B, poses for a photograph at the H.R. MacMillan Space Centre in Vancouver, B.C. on Friday.

Double trouble

Canadian-born Bob Richards set up two teams: the Odysseus Moon, based on the Isle of Man, and the Moon Express of Silicon Valley.

He said he was also close to setting up a Canadian team. **THE CANADIAN PRESS**

He says it should be ready to go in early 2013 and he is hoping to launch two missions that year. Lessons learned from the first trip will be used to work any errors.

He admits the exercise is somewhat of a long shot.

"Maybe there's a one in 100 chance that it will succeed," Dobrianski said. **THE CANADIAN PRESS**

Moon money

► Teams will compete for a chunk of \$30 million in prize money.

► The goal is to send a robot to the moon that will transmit video, images and data back to Earth.

► Some groups are backed by heavyweight aerospace firms, others are upstarts.



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Loan program racks up record losses: Report

- Revenue does not come close to covering loss claims
- Taxpayers on hook for up to 85 per cent of losses

A federal loan program for small business paid the banks and other financial institutions a record \$113 million in loss claims last year, most of it in hard-hit Ontario, a new report says.

The Canada Small Business Financing Program also guaranteed about \$957 million in new loans in 2009-10, which means the annual loss rate hit about 12 per cent.

The report, tabled in Parliament, shows that the troubled program continues to suffer from red ink and a dwindling number of customers.

The big trouble spot was Ontario, where only about one-third of the new loans

11

The loan-guarantee fund dates from 1999. The fund has so far guaranteed more than \$11 billion in small-business loans issued by banks, credit unions and other financial institutions.

were issued but more than half the losses occurred.

Industry Minister Tony Clement defended the program, saying in the report's introduction that it "continues to be a successful mechanism for facilitating asset-backed debt financing

to business."

But a KPMG study last year found that it has incurred net losses to Ottawa of more than \$300 million and that "the gap between claims and fee revenues will continue to exist and most likely expand."

The number of businesses helped by the program hit a new low in 2009-10 — about 7,500, half the number of a decade ago — but the annual loan value still neared a billion dollars because loan limits were doubled to \$500,000 last year.

There were a record 1,968 loss claims on the program last year, or an average of about \$58,000 each. **THE CANADIAN PRESS**

Softwood lumber sales rise

Driven by demand from China, producers in Western Canada are making money again despite the slow U.S. housing market. Hank Ketcham of West Fraser Timber Co. Ltd. in Vancouver said the company shipped 20 per cent to 30 per cent more softwood to China in the last three months of last year compared with earlier in 2010. **THE CANADIAN PRESS**

Market moment

| TSX | Dollar |
|---------------------------|---|
| | |
| -13.04 (14,123.11) | -0.11¢ (101.42¢ US) |
| | |
| +50.87 US (\$89.71 US) | Natural gas 1,000 cu ft \$3.876 US (+ 0.8¢ US) Gold contracts \$1,388.60 US (+ \$3.50 US) |



► Clients were in short supply yesterday for tour guides at the Giza pyramids outside Cairo.

TOURISTS TAKE FLIGHT

'IT TAKES TIME FOR THEM TO COME BACK'

EgyptAir is offering to lease 25 of its aircraft to other carriers, in a bid to offset staggering losses linked to recent unrest in the country.

EgyptAir chairman Hussein Massoud said the company has cancelled about 75 per cent of its flights and is losing about 80 per cent of its projected revenue.

Government statistics show that 210,000 tourists fled the country in the last week of Janu-

ary and that cancellations for February were depriving Egypt of about \$825 million in tourism revenue.

But tour guide Sharif Youssef said he expects business to pick up soon.

"It's getting back to the way it was little by little. Just the same way people left a little at a time, it takes time for them to come back," he said.

THE ASSOCIATED PRESS



THE BEAR
106.9

OTTAWA'S BEST ROCK

WE'RE BACK



LESS SHOUTING, MORE TALKING ON TRANSIT

Urban Compass

STEVE COLLINS



February is a particularly charmless month in the city, and the odd seasonal outburst of crankiness on buses is only to be expected.

Most of these are passing lapses, but one recent shouting match between an OC Transpo driver and a passenger has been immortalized on cellphone video. The set-to, which reportedly started with the driver complaining about the passenger smelling of cigarette smoke, quickly escalated into a pointless exchange of abuse and then a general public embarrassment when it was subsequently posted to YouTube.

Neither acting ATU president Mike Aldrich nor transit chair Dianne Deans condoned the driver's rankly unprofessional tirades, now the subject of official complaints, but they both mentioned an OC Transpo prohibition on photography on buses, which was so beside the point as to be insulting.

This amateur surveillance, and another video recently released to the media of a driver texting at the wheel, probably doesn't indicate perfectly healthy, trusting relationship between drivers and passengers, but the video is not the problem here. The problem is what the video depicts.

It's been a long winter, and

passengers and drivers have been cooped up together on the bus throughout, a recipe for cabin fever on wheels. The weather makes waits for buses both longer and colder, and tempers perhaps a bit shorter on all sides. Anyone can have a bad day, and it seems easier to have one in Ottawa in February.

Still, most riders and drivers manage daily to remember to treat each other as people, rather than as self-loading cargo or just a piece of the bus's machinery, respectively.

In one idiotic exchange from the video, the driver snarls, "I'm paid to drive you, not listen to

you, so shut your mouth," and the passenger huffs, "You're paid to drive, so you shut up."

Both should be congratulated on the perfect bankrupt symmetry of their arguments, if nothing else. If each had taken his own counsel, everyone would have gotten where they were going a little faster and their antics wouldn't have achieved Internet infamy.

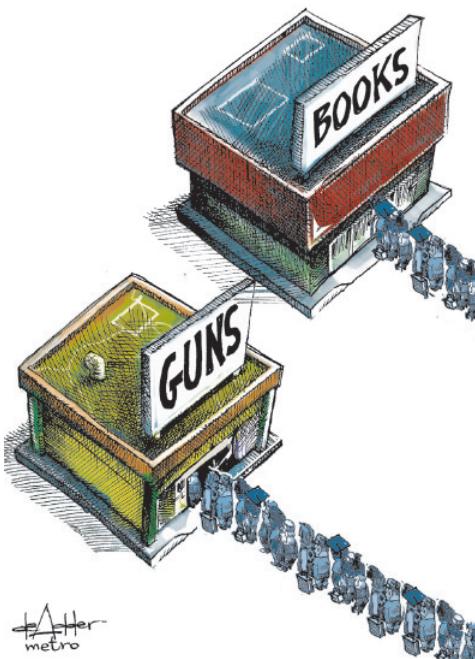
Meanwhile, there's a troublesome shutting-up exactly where there should be some serious talk: On the labour front, where the union has broken off contract talks, citing the city's own intransigence on scheduling.

Our last transit strike was prolonged by a pig-headed refusal to communicate on both sides, and this is no time for another dose of the silent treatment.

Cartoon

COLLEGE PREP IN TEXAS:

MICHAEL DE ADDER



Worth mentioning

Fancy a royal wedding condom? Or maybe a commemorative sick bag?

The April wedding of Prince William and Kate Middleton has spawned a cottage industry of inappropriate souvenirs.

For ladies and gentlemen who wouldn't dare touch anything that hadn't personally been approved by the princely couple, the Royal Collection sells handmade tankards, plates and pillboxes in English fine bone china, complete with William and Middleton's entwined initials in gold and silver.

But online and in stores, entrepreneurs are cashing in on the inevitable popu-

Sick souvenirs



lar backlash against royal wedding mania.

Most infamous are the royal wedding-themed condoms — an online sensation that featured prominently on the website of celebrity-obsessed OK! Magazine. William and Kate ashtrays allow smokers to rub their butts out in the face of the royal couple.

Then there are the William and Kate bags, made by Newcastle-based designer Lydia Leith. They feature a picture of the couple underneath the words "Throne Up."

Leith, 24, told The Associated Press she wanted to go about "poking fun at a social occasion from one side or another."

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Does the Mideast unrest make you nervous? Why?

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Twitter
[@metroottawa](http://twitter.com/metroottawa)

Metro has the right to edit letters and submissions.

Metro Minute at NAC Family Day

The National Arts Centre English Theatre invites you to celebrate Family Day and explore the idea of family with a wide range of activities for children five and older.

The day's programming includes story readings, fast-paced theatre games, arts and crafts, a bake sale, and interactive displays, including a unique instal-

lation of theatre props.

Children eight and older can take part in dance workshops with choreographer Shawn Byfield, co-creator of the upcoming NAC production *i think i can*.

Join in the fun from noon to 4 p.m. all around the NAC. All the activities are free.

© METRO



► Shawn Byfield with *i think i can* co-star Starr Domingue Daniel Alexander.

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CONTRIBUTED

**Oscar Box Office**

The 10 movies nominated for Best Picture at the Academy Awards by their box office numbers.

1. Toy Story 3 — \$415 million
2. Inception — \$292.5 million
3. True Grit — \$161 million
4. Black Swan — \$99.8 million
5. The Social Network — \$96.6 million
6. The King's Speech — \$95.4 million
7. The Fighter — \$86 million
8. The Kids Are All Right — \$20.8 million
9. 127 Hours — \$16.9 million
10. Winter's Bone — \$6.3 million

METRO



Elusive British street artist Banksy is welcome at Oscars, planners say, but will he show?

► The countdown to the Academy Awards is on! ► With less than a week to go, Metro offers up its picks for who takes home the golden statue in the Top 10 categories ► Get your Oscar pool ballots ready so the stars won't be the only ones winning on Oscar night

Metro picks who Oscar is going home with

**Best Picture**

Even with 10 nominees, it's come down to a race between two films: Early favourite *The Social Network*, but Darren Aronofsky or David O. Russell could just as easily take it for *Black Swan* or *The Fighter*, respectively. And don't discount the Coen Brothers — longtime Oscar favourites — and their heavily nominated *True Grit*.

**Best Director**

David Fincher feels like the front-runner for us with *The Social Network*, but Darren Aronofsky or David O. Russell could just as easily take it for *Black Swan* or *The Fighter*, respectively. And don't discount the Coen Brothers — longtime Oscar favourites — and their heavily nominated *True Grit*.

**Best Actor**

This is *The King's Speech* star Colin Firth's year, and no other nominee has the momentum he's built up for his portrayal of the royal stammerer.

**Best Actress**

We predict Annette Bening is going home empty-handed again. Though she's been nominated for an Oscar four times without winning, she's going to have to wait for No. 5, because this is Natalie Portman's award. The year of training, the physical transformation and the emotional gymnastics add up to the kind of showy performance the Academy eats up. And she's done nothing but increase her good will since being nominated.

**Best Supporting Actor**

Another two-horse toss-up, this one comes down to a battle between the latest in a distinguished career (Geoffrey Rush in *The King's Speech*) versus over-the-top showmanship (Christian Bale in *The Fighter*). While Rush has been cleaning up elsewhere, expect voters to side with Bale for the same reasons they'll pick Portman for Best Actress.

**Best Supporting Actress**

Here lies this year's true guessing game. The only nominee close to being considered a front-runner, Melissa Leo (*The Fighter*), has been handicapped by both a fellow nominee from her film (Amy Adams) and her own misguided, self-financed publicity campaign. Helena Bonham Carter could steal it for *The King's Speech*. One thing is for sure, *Animal Kingdom* standout Jacki Weaver doesn't stand a chance, even though hers was the best performance of the bunch.

**Best Original Screenplay**

Shut out of the Best Director category, expect Christopher Nolan to bring home this as a consolation prize for his brilliant, mind-bending *Inception*. Of course, the Academy could continue to snub him and give this one to David Seidler for *The King's Speech*.

**Best Adapted Screenplay**

Aaron Sorkin will win for *The Social Network*. It's not even a question at this point. If Sorkin looks surprised or unprepared at the podium, it's an act.

**Best Animated Feature**

With a nomination for Best Picture on its resumé and Oscar juggernaut Pixar behind it, *Toy Story 3* seems like a sure thing, though we'd be just as happy if the surprise hit, *How to Train Your Dragon*, or art-house favourite *The Illusionist* pulled an upset.

**Best Documentary Feature**

We're really hoping *Exit Through the Gift Shop* wins, not just because it's an amazing film but because we want to see what notoriously camera-shy street artist Banksy does for an acceptance speech. But if the Academy is feeling more traditional than hip, expect *Inside Job*, a film about the financial crisis, to take the prize.

Lady Gaga's 'drunk diet'

► Singer says she finds balance with daily workouts

Lady Gaga admits that she enjoys a hard-partying lifestyle, but that doesn't mean she doesn't stick to a workout regime.

"I am on the drunk diet," the singer says in an interview with Sirius satellite radio. "I live my life as I want to, creatively. I like to drink whiskey and stuff while I am working. But the deal is I've got to work out every day, and I work out hung over if I am hung over. And it's about the cross-training and keeping yourself inspired. I have to say, I do a ton of yoga."

• METRO



► Whiskey and yoga: A day in the life of Lady Gaga.

ALL PHOTOS GETTY IMAGES

LiLo and Sam back together?



Celebrity tweets



James Cameron
[@JimCameron]

Did everyone

love Black Swan as much as me? My daughter Josa & I are 2 thumbs way up on Aronofsky's masterpiece. Natalie P is magnificent



Conan O'Brien
[@ConanOBrien]

Charlie

Sheen says he's never been drunk on the set of "Two & A Half Men." I, too, have never been drunk on the set of "Two & A Half Men."

Lindsay Lohan appears to be rekindling her romance with ex-girlfriend Samantha Ronson, according to People.

The pair traded flirtatious Twitter posts on Valentine's Day, alluding to a romantic dinner together.

After checking out of the Betty Ford Center, Lohan moved into a Venice Beach apartment near Ron-

son's, and the two have been spending a lot of time together.

Getting back together with Ronson has reportedly been a priority for Lohan, who told Ellen DeGeneres during a 2009 interview, "I really care about Samantha, and we'll see what happens. Maybe when we're fully in the right place. And I love her."

• METRO

Aniston selling home for \$42M

Jennifer Aniston is simplifying her life — and making a tidy profit in the process.

The actress has decided to sell her Beverly Hills home after coming to a realization, she tells People magazine. "I couldn't sleep and I sort of had one of those moments where I went, 'I really need to simplify,'" Aniston says. "My life

needs to be simplified and clear out the clutter. And along with that thought came, 'I should sell my house.' ... I had the realization that this is just too much for me. I'm not this person."

Aniston bought the property in 2006 for \$13.5 million and is selling it for \$42 million, sources tell the magazine.

• METRO

LAINY, ETALK CORRESPONDENT AND AUTHOR OF LAINYGOSSIP.COM

Lainy's Oscar file

BEST ACTRESS: ANNETTE BENING

The Kids Are All Right

Bening was offered the part of Catwoman in Batman Returns, starring Michael Keaton. She accepted the role but subsequently turned it down when she discovered she was pregnant. That was also when Sean Young infamously dressed up in a Cat-

woman suit to win the role, which eventually went to Michelle Pfeiffer.



THE 83RD ANNUAL ACADEMY AWARDS AIR LIVE SUNDAY, FEB. 27 AT 8:30 P.M. ET ON CTV. CANADA'S OFFICIAL RED CARPET SPECIAL ETALK AT THE

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3 life

Dog booties



Do household dogs need to wear booties? Canine experts say no, but with some exceptions.

- When healing from foot surgery, or if cuts or a torn toenail exist.
- When snow cakes in a dog's pads, leading to hobbling snowballs.
- When an older dog lacks firm footing or is afraid to get up and move around.

THE ASSOCIATED PRESS



Poll asks pet owners if declawing and de-barking surgeries should be done.



An obit for Rover

► The death of a pet is often as difficult as losing a family member ► Pet obituaries help

Pets are our best friends, faithful companions and family members. And not even death, it seems, can break that bond between animal and human.

Nowhere is that more apparent than in the increasing number of pet obituaries springing up in some newspapers and on

social media sites.

On websites such as Doggy Heaven and Immortal Pets, on blogs and on countless Facebook pages, grief-stricken pet owners funnel their sadness into heartfelt tributes.

The obituaries — accompanied by photo montages, poems and notes of condolence from friends — are part therapy and part memorial.

The sites also testify to the coveted place pets hold in American culture. About 62 per cent of households include pets, according to the American Pet Products Association.

"It's a reflection of the social fabric," says Saman-



tha Gowen, who writes the Orange County Register's Pet Tales blog, which regularly includes obituaries.

She notes that most pet

owners are aware that they will likely outlive their animals, which gives the relationship a special poignancy. "There's a sense of empathy when it comes to pets and their lives," says Gowen.

Online obituaries offer pet owners a way find support and channel the pain of losing a pet.

Kristin Tomyn, a 39-year-old from Indianapolis, was distraught after the sudden death of Dakotah, her 12-year-old Siberian Husky, and was searching the Internet for consolation when she found Doggy Heaven.

Tomyn posted an obit, which she says helped her

"We would get emails from people in tears, saying they wanted a memorial for Fido ... from people who had nothing in the world but their pet."

TERRY OLDRYD, OWNER OF THE WEBSITE IMMORTAL PETS

get through early feelings of shock and nearly inconsolable loss. "It was part of the healing process," she says. "It's getting those feelings out there. You feel like you are being heard."

THE ASSOCIATED PRESS

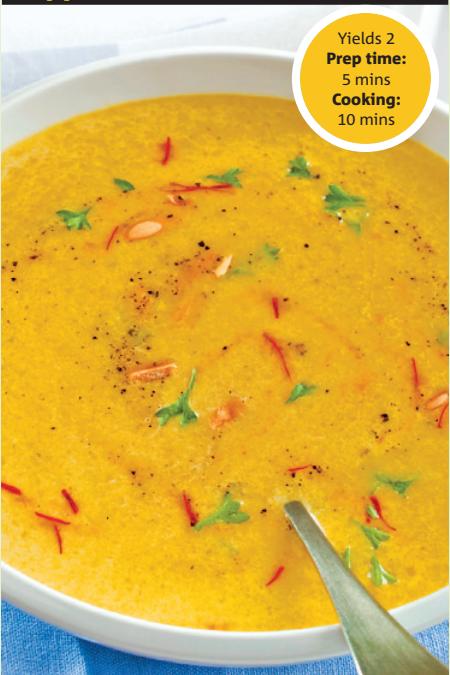
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Zuppa Dorata

Yields 2
Prep time:
5 mins
Cooking:
10 mins

This soup gets its golden colour from the saffron threads, which are used to provide a slight lemony flavour and gorgeous orange hue.

Look for them in grocery store spice aisles or bulk food stores.

Ingredients:

- 4 cups (1 L) vegetable or chicken stock
- 1 tsp (5 mL) saffron threads
- 1 tbsp (15 mL) butter
- 4 oz (125 g) angel hair pasta (cappellini)
- 2 eggs
- 1/2 cup (125 mL) 35% whipping cream
- 2 tbsp (25 mL) chopped fresh Italian parsley

Preparation:

- 1 In a saucepan bring vegetable stock and

saffron threads to boil. Reduce heat to simmer and add butter. Stir until melted.

2 Meanwhile, break pasta into about 2-inch (5 cm) pieces and add to stock. Cook, stirring occasionally for about 5 minutes or until pasta is al dente.

3 In a small bowl, whisk together eggs, cream and parsley. Gently pour mixture into stock, stirring constantly and cook for about 2 minutes or until set and thickened.

Tip: Have some freshly grated Parmesan to sprinkle over top before serving.

● EMILY RICHARDS

Tame wild mushrooms in this French Onion soup

► Wild mushrooms give this classic comfort food a hearty upgrade

DINNER EXPRESS

EMILY RICHARDS
FOOD@METRONEWS.CA

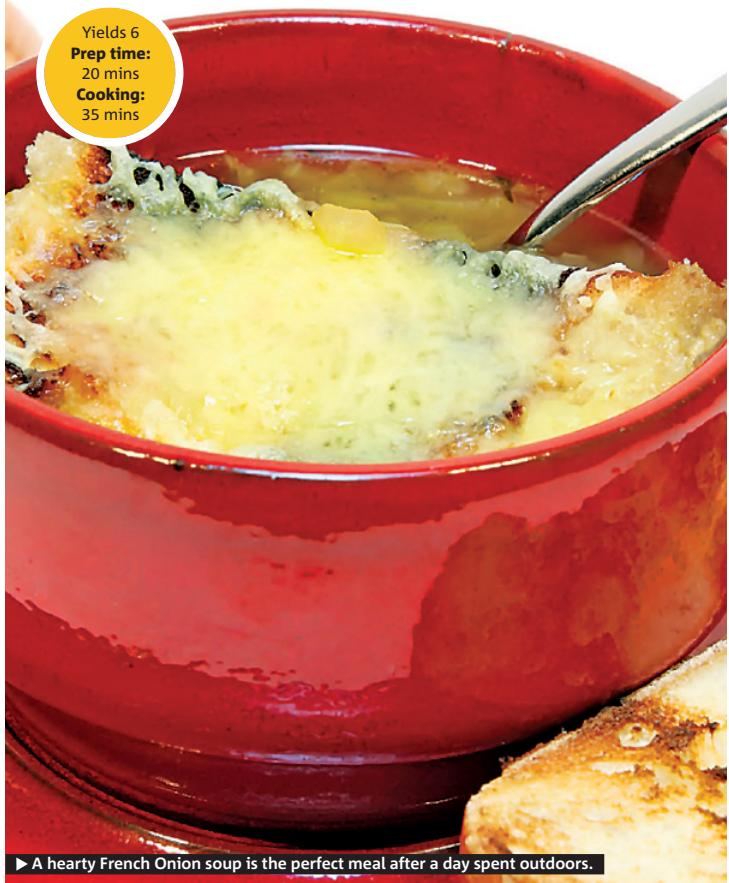


Adding wild mushrooms to this classic French onion soup adds a twist to make a hearty, rich flavour that is perfect for winter fare.

Preparation:

- 1 Place mushrooms in a small bowl and pour water over top. Let stand 15 minutes or until softened. Drain, reserving water and chop mushrooms; set aside.
- 2 Meanwhile, in large soup pot, melt butter over medium high heat and cook onions for about 10 minutes or until softened. Add mushrooms, garlic and thyme and cook for about 15 minutes or until no liquid remains. Add sherry and cook for about 5 minutes or until evaporated. Add stock and bring to a gentle boil.
- 3 In small bowl, whisk together eggs, cream and parsley. Pour mix into stock, stirring and cook for about 2 minutes or until set and thickened.

EMILY RICHARDS IS A PROFESSIONAL HOME ECONOMIST, COOK BOOK AUTHOR AND A TV CELEBRITY CHEF. FOR MORE, VISIT EMILY-RICHARDSCOOKS.CA.



► A hearty French Onion soup is the perfect meal after a day spent outdoors.

Ingredients:

- 1/4 cup (50 mL) dried mushrooms
- 1/2 cup (125 mL) boiling water
- 1/4 cup (50 mL) butter
- 2 large Spanish onions, thinly sliced

dried

- 1/3 cup (75 mL) dry sherry or Madeira wine
- 8 cups (2 L) vegetable or chicken stock
- 16 slices of baguette
- 6 oz (175 g) Cambenzoa cheese, sliced

Photo: Malawi, 2009 © Tim Freccia/CARE



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Green weddings

► Suggestions on how to say 'I do' to planning an eco-friendly wedding

Planning a wedding will make you and your spouse-to-be very aware of seemingly minor details. For example, it may become vitally important to match an exact shade of cream or to find a cathedral length veil. While you're making your deci-

sions, consider how even the small details have an impact on the environment. Here are some suggestions to avoid excessive waste and put the planet on your priority list.

Invitations

Choose invitations made from 100 per cent recycled paper or make your own. You can also have guests RSVP by email or phone instead of by mail.

Centrepieces

Put on your creative hat and use natural materials like pinecones, decorative stones, seashells, willow branches, fruit, or flowers to arrange a display.

Reception

No matter how great the food is, there will always be leftovers when you have a wedding feast. Instead of throwing them away, arrange in advance to have the food delivered to a soup kitchen or shelter.

NEWS CANADA

Trinkets

Impractical wedding trinkets either wind up in the trash or untouched on a dusty shelf.

► Options Instead, make a charitable donation as a wonderful way to help others while honouring your guests. Purchase eco-friendly gifts such as fruit trees, a rainwater-harvesting tank, a hand-dug well, or a fuel-efficient cooking stove from charities like Christian Children's Fund of Canada



► Becoming more aware of the environment during your wedding planning will help you and your spouse-to-be make a better and cleaner world.

NEWS CANADA

Queen of Green

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PURCHASING A CLEAN KITTY LITTER

What do I need to look for in a "green" kitty litter? **Allison of Vancouver**

Before you consider the type of kitty litter to buy for Fluffy, see what your city suggests when it comes to getting rid of the waste.

Characteristics to look for in a kitty litter include biodegradable products, because you'll be sending it to the landfill or composting it yourself at home. (Don't compost cat litter if you plan to spread it on edible plants, like those in your vegetable garden.) Many brands are also made from renewable

plant materials like corn or wheat. These are made from by-products like corn cobs rather than food-grade sources. You may have also seen recycled paper pellets or some made from wood waste, typically pine.

What all of these options also have in common is that they tend to be chemical-free and fragrance-free. Definitely avoid scented products. Instead, deodorize with baking soda by keeping an open box nearby.



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While paper, metal cans, glass bottles and plastic are the most commonly recycled household items in Canada, vehicles can be recycled just as easily

through Retire Your Ride, Canada's national vehicle recycling program. A mandatory National Code of Practice for auto recyclers participating in Retire Your Ride has been established to prevent haz-

ardous materials contained in end-of-life vehicles from contaminating our water, soil and air during and after the vehicle recycling process.

Retire Your Ride offers great incentives to Canadians who retire their 1995 and older model year vehicles.

They include free transit passes, discounts on the purchase of a new bicycle or vehicle, \$300 cash and more.

NEWS CANADA

Turning Point
TERESA KRUZE
LIFE@METRONEWS.CA


"I don't think we've ever exhaled."

Nina McCreath stands with her partner, Cathy Francis, in the middle of their charming bookshop in Toronto. The Flying Dragon has been a success since they opened their doors seven years ago, but as small business owners they feel they can't ever relax and enjoy their popularity.

"It's a business, not a hobby," McCreath says bluntly. "And we must always be vigilant."

The Flying Dragon was a great idea that

BOOK OF LOVE

almost never made it off the ground. Despite submitting a comprehensive business plan that had taken over a year to complete, the banks would not give the women a start up loan.

That's when they created their own turning point and went to the publishing industry to get credit and enough books to stock their shelves.

"They put their faith in us that we could run a successful business and we will be grateful forever."

As their customers stream through the door and the books leave the shelves, Cathy and Nina say they believe that personal growth is just as important as the bottom line.

"It's not what you achieve, it's what you become."

Turning a page

Success tips for business owners.

- Ask people for their opinion about your idea. When you put them all together you'll be surprised how much you will learn
- Do a full and complete business plan, no matter how small your idea, to make sure you cover all aspects to starting and running your business.
- If you are contemplating a partnership, determine what each person will bring to the business and see if you have all your bases covered.
- Take a look at your family life five, 10, 15 years down the road and see if you can still see yourself working and living the dream.



► Nina McCreath and Cathy Francis pose in their bookshop, The Flying Dragon, in Toronto.

Moving a must

► New sedentary behaviour guidelines take aim at couch potato culture ► Suggest limits for idle behaviour

The Canadian Society for Exercise Physiology's guidelines, unveiled Tuesday, focus on minimizing behaviours that involve little physical movement and the low expenditure of energy.

The group recommends children and youth aged five to 17 limit recreational screen time – including watching TV, playing passive video games and using the computer – to no more than two hours daily.

The guidelines suggest youngsters scale back on time spent indoors and sitting for extended periods. They also recommend limiting use of sedentary transport, like travelling by bus or car.

Instead, kids aged five to 11 are encouraged to walk to school with a group of neighbourhood kids; for youth 12 to 17, it's recommended they walk or bike with friends. Instead of teens texting their friends, it's suggested they visit with them instead.

The recommendations come just weeks after the society released revised physical activity guidelines for Canadians.

Children and youth are advised to get at least 60 minutes of moderate- to

vigorous-intensity physical activity daily.

But under current guidelines, CSEP said only seven per cent of youngsters are active enough to meet those targets. Meanwhile, they're spending an average 8.6 hours a day – 62 per cent of their waking hours – being sedentary.

"We're not saying replace sedentary behaviour with exercise per se (although) that would be wonderful. But replace it with something else other than

THE CANADIAN PRESS

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Jotting down all that brings joy

"If you don't like something, change it; if you can't change it, change the way you think about it."

This quote, by children's author Mary Engelbreit, summarizes the past few years of Faisal Sethi's life. It's a path that led the creative director to his startup, which encourages users to write down things they're grateful for every day.

In 2009, the 35-year-old had started caring for his father, whose health was quickly deteriorating. He had left his job to care for him full-time but soon discovered it was too great of a task.

The weight of his problems led Sethi, who lives in Ottawa, to research the idea of happiness and how to attain it. He spent hours looking over academic papers on the subject, and over and over Sethi would read about the importance of gratitude journals.

Gratitude journals are diaries meant to document what you are most grateful for. The concept became widely popular after talk show host Oprah Winfrey promoted the idea.

"I started actively doing a gratitude journal but also realized there were some limitations," said Sethi. "Happiness isn't an intellectually passive state. We can engage in activities and tools to increase that happiness."

And so, Sethi founded Happyrambles, a free web-

"It's taught me to be in the moment, whether it's walking my dog, or the smell of his breath or the crisp air on a Sunday morning..."

FASAIL SETHI, FOUNDER OF HAPPYRAMBLES

site that emails users the question "What are you happy for today?" Their responses are stored in a private online gratitude journal, and they have the option of sharing it with friends.

He said by being notified by email, which is sent in the evening (though users can change the time of day) the website is actively engaging users to think and then write about what they're most grateful for each day. Sethi said his website is more environmentally friendly than a physical journal since it saves on paper and is more secure.

Happyrambles was officially launched in January. It's currently in the beta phase and has 1,000 users around the world.

Sethi said that after writing in his gratitude journal, he "started seeing the world a little bit differently."

"You find yourself actively looking for the good things in life on a daily basis," he said.



► Faisal Sethi, founder of Happyrambles, has found that regularly documenting the things he is thankful for has affected his general outlook on life.

However, some experts on happiness question the notion of writing a gratitude journal daily.

Mark Holder is an associate professor of psycholo-

gy at the University of British Columbia, who specializes in positive psychology. He acknowledged that gratitude is linked to "positive flourishes" and re-

- Can gratitude journals inspire a new outlook on life?
- Experts continue to disagree

In researching other studies on the topic, Holder found that people are happiest when they show gratitude for three things, once a week. He noted that it's also key to add variety.

"You have to change the dimensions," he said. "One day I'll be happy for something physically, one day I'll be happy for my path, or something I'm looking forward to in the future, or community, friends or family. You've got to switch it up."

Holder said that if a user is encouraged to write something every day, it can eventually be a burden.

"It can be seen as a chore and if you do it too often, it can actually reduce happiness," he said.

Holder recommends taking a different approach, by asking family or friends what they are grateful for on a weekly basis, perhaps at the dinner table. He also suggests starting a gratitude album, similar to a scrapbook, with tactile pieces from happy memories or writing letters to people who've had positive effects in your life.

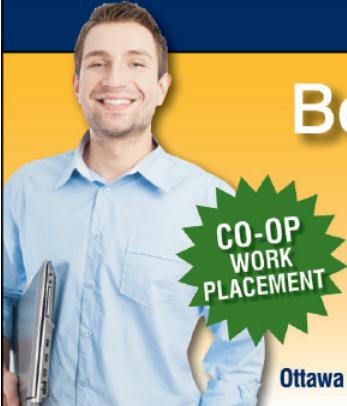
Still, Sethi credits his daily gratitude journal for changing his perspective.

"It's taught me to be in the moment, whether it's walking my dog, or the smell of his breath or the crisp air on a Sunday morning," he said. "It really improves the quality of life." THE CANADIAN PRESS

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What's with these forgetful teens?

► New research says it may just be a normal part of brain development

A lost hoodie here, a forgotten backpack there. What's with teens and brain fog?

Parenting teens and tweens can sometimes feel like kindergarten redux, except adolescent attitudes are edgier and their missing and broken stuff costs more. In addition, their table manners are atrocious, some don't like to shower or use deodorant, and they may forget to brush their teeth.

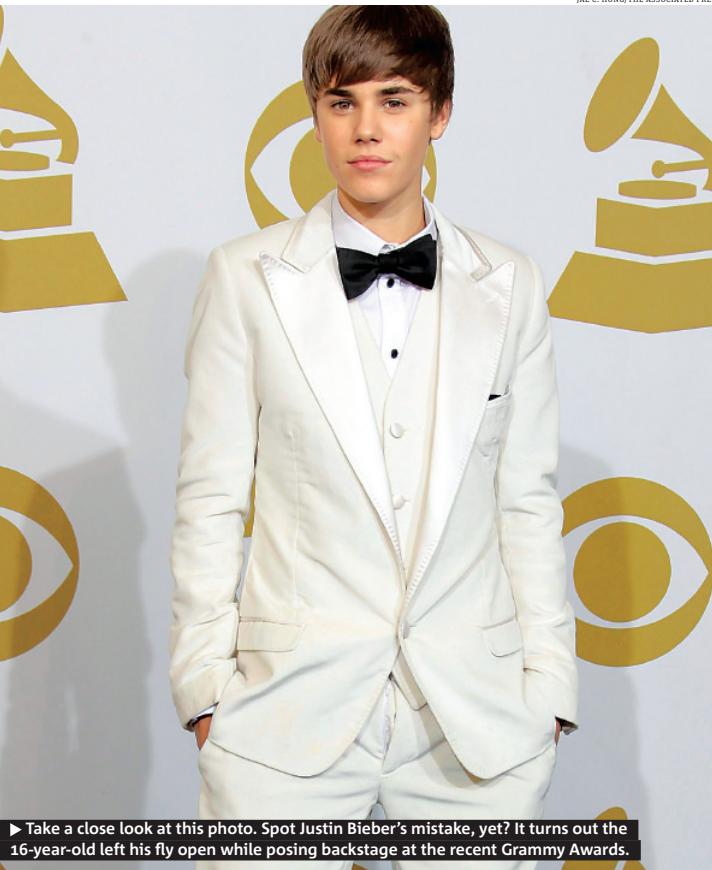
These are moments that set parents thinking: Why is my kid still skipping through life on another planet? When's he going to land back on Earth?

The short answer might be later rather than sooner, at least when it comes to their brains.

Most scientists once believed the human brain reached full development by age 12. But research based on improved brain scan technology indicates that co-ordination of certain functions continues to come together through the early 20s, said Lawrence Steinberg, a psychology professor at Temple University.

"It's not that a teen is forgetting," he said. "It's more like they're much more drawn to the immediate reward of a situation than adults are and they're much less likely to think ahead and think about the future. The future can be just an hour later."

Steinberg regularly hears from parents as the author of the recently revised You and Your Adolescent: The Essential Guide for Ages 10-25.



► Take a close look at this photo. Spot Justin Bieber's mistake, yet? It turns out the 16-year-old left his fly open while posing backstage at the recent Grammy Awards.

"These days I get almost as many questions from parents about dealing with 20-somethings as I do about teenagers," he said.

Aimee Stern in Silver Spring, Md., is dealing with a full-on black hole fed by her 11-year-old daughter and 15-year-old son. "We've had multiple

lost cellphones, house keys, winter coats," she said. "I'm seeing it get better now in sophomore year of high school. It's been replaced by total obnoxiousness."

Does she think mom and dad are a match for the scattered adolescent brain? Stern relaxed after

digging into the latest research herself as part of her work writing a guide about teens and alcohol use.

"It was such a relief to learn that I wasn't crazy, and my kids' forgetfulness was just a normal part of brain development," Stern said. **THE ASSOCIATED PRESS**

BRAIN FOG

When fog becomes too much to handle

for the stuff her 11-year-old daughter loses.

"In a week she lost one running shoe and her iPod Touch at school. She understands the value of cash."

Sally Treadwell in Boone, N.C., has two girls, 17 and 14. Like Walker, she no longer pays to replace all the lost, broken, destroyed or submerged stuff, but she isn't ready to blame the brain.

"I think the idea of teens being incapable of hanging onto stuff because of their developing brains is a very modern idea," she said.

Second on dad's list of peeves: "Using utensils at the table, not his hands."

Pitman relies on "auctioneer-like repetition" of commonsense instructions.

Shelly Walker has a different strategy. She's through paying

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Time for a lunch bag makeover

► Get creative with your child's midday meals

Are you bored with packing the same lunch for your family every day?

Are your kids coming home with half eaten sandwiches and uneaten

apples?

This time of year many children are in need of a lunch bag makeover to give them the energy they need to get through the

afternoon.

Breakfast for Learning suggests following these three easy tips to brighten up your child's brown bag lunch.

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Food for thought

► More information on the importance of healthy eating and great recipe ideas can be found online at breakfastforlearning.ca.

Alter the shape

Whether it's cutting an orange into easy-to-eat bite-sized pieces, slicing up a mundane apple to mimic a beautiful fan or simply cutting a sandwich into three pieces instead of two, changing the appearance of your child's food will spark their interest and give them the enthusiasm they need to eat the nutritious lunch that you've packed.



► Promote healthy eating in your household by discussing the positive aspects of the food your family is consuming.

Makeover your sandwich

Transform your ordinary sandwich into an impressive entrée.

Leave the bread at home and stuff your sandwich fixings into a pita, roll them into a wrap, or toss them over a bed of lettuce.

Stimulate your child's

creativity by simply packing ingredients and letting your child assemble his/her own lunch. (Hint: kids love making mini sandwiches out of dinner rolls or crackers.)

Introduce something new

We all know that variety is the spice of life, so why

not spice up your lunch bag with something exotic?

Once a week surprise your child with a new fruit or vegetable and at the end of the day have a family discussion about what everyone thought of this unfamiliar product.

NEWS CANADA



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Roddick snaps Raonic's streak

Milos Raonic's dazzling run at the ATP Tour event in Memphis ended in defeat.

The 20-year-old Canadian dropped a hard-fought 7-6 (7), 6-7 (11), 6-4 decision to American Andy Roddick in the final of the Regions Morgan Keegan Championships yesterday.

Raonic, of Thornhill, Ont., was gunning for his second consecutive ATP Tour victory after winning last weekend in San Jose, Calif.

His surprising two-week performance will move him to around No. 37 in the tennis world rankings. He finished 2010 ranked No. 156.

The top-seeded Roddick becomes the eighth American with at least 30 titles, only three behind the late Arthur Ashe.

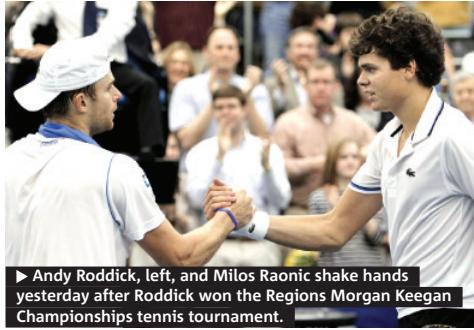
"I think I was very fortunate. I feel like I got outplayed, I just stuck around and kept trying," Roddick said. "What a memorable

30th victory for me. I couldn't be happier to do it in Memphis."

Raonic had 32 more aces and finished the week with 125. He hit 150 miles per hour to hold serve in the 10th game of the third set, but it wasn't enough.

This was the first meeting between Raonic and Roddick, who ranks behind only Roger Federer and Rafael Nadal for career wins among active players.

THE ASSOCIATED PRESS



MARK HUMPHREY/THE ASSOCIATED PRESS

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"It's something that's very hard to do ... Not too many people have done it."

Home-field edge works for Flames

► Boston Bruins the only other home team to win outdoor game



Kiprusoff stopped 39 shots for his fourth shutout this season, while Montreal counterpart Carey Price turned away 33 of 37 in the loss.

Heading into the game, visiting teams were 4-1 outside dating back to the last Heritage Classic in 2003.

The victory vaulted the Flames over four teams in the Western Conference. They moved into a tie with fifth-place Nashville.

The Flames (31-22-8) have collected points in 18 of their last 20 games, but the conference is so tight less than 10 points separates third from 12th.

Montreal (31-22-7) dropped to 1-2-2 in their last five games.

The temperature didn't quite make it to the predicted high of -8 C. It was -9 C when the puck dropped, but the wind made it feel like -17 C. THE CANADIAN PRESS

The Calgary Flames bucked a trend of host teams losing NHL outdoor games by defeating the Montreal Canadiens 4-0 in the Tim Hortons Heritage Classic yesterday.

Rene Bourque scored a pair of goals, Anton Babchuk scored short-handed and Alex Tanguay also struck for Calgary in front of 41,022 on a cold, clear night at McMahon Stadium. Flames goalie Miikka



► Montreal goalie Carey Price looks away as Calgary Flames, from left, Tim Jackman, Matt Stajan and Mark Giordano celebrate a goal last night.

Grapes re-ups with CBC

Don Cherry has renewed his contract with Hockey Night in Canada through the 2011-12 NHL season, CBC announced Saturday.

"We're delighted to announce that the venerable hockey icon Don Cherry has signed on for another season and will continue to provide hockey's liveliest and sometimes provocative commentary," Kirstine Stewart, ex-

"Don's knowledge of the sport is exceeded only by his love for it. We are proud of his enduring connection with the game."

NHL COMMISSIONER GARY BETTMAN

ecutive vice-president of

CBC English Services, said in a statement.

Terms of Cherry's contract were not disclosed.

"We join millions of fans in congratulating Don on his new contract and wishing him continued success as the declarative voice of CBC's definitive hockey broadcast," said NHL commissioner Gary Bettman.

THE CANADIAN PRESS

Sports in brief

Historic day at Daytona 500

NASCAR. Twenty-year-old Trevor Bayne won the Daytona 500 in only his second Sprint Cup start yesterday. He won NASCAR's biggest race just one day after his birthday. He became the youngest Daytona 500 winner. THE CANADIAN PRESS

Gaborik leaves game with concussion

NHL. Rangers forward Marian Gaborik missed the final two periods of a 4-2 loss to the Philadelphia Flyers yesterday because of a concussion. Coach John Tortorella said occurred before the game. Gaborik registered 4:39 of ice time.

THE ASSOCIATED PRESS



Scan code for more sports

NATIONAL HOCKEY LEAGUE

EASTERN CONFERENCE

| | GP | W | L | OTL | SL | GF | GA | Pts | Home | Away | Last 10 | Strk |
|----------------|----|----|----|-----|----|-----|-----|-----|-----------|-----------|---------|------|
| d-Philadelphia | 59 | 39 | 21 | 2 | 3 | 196 | 149 | 83 | 19-9-0-2 | 20-7-2-1 | 7-3-0-0 | W1 |
| d-Tampa Bay | 59 | 34 | 18 | 3 | 4 | 179 | 185 | 75 | 19-7-1-3 | 15-11-2-1 | 5-3-0-2 | L3 |
| d-Boston | 59 | 33 | 19 | 5 | 5 | 185 | 144 | 73 | 15-2-1-2 | 18-7-1-3 | 5-5-0-0 | L3 |
| Pittsburgh | 60 | 36 | 19 | 2 | 3 | 178 | 146 | 77 | 20-10-1-0 | 16-9-1-3 | 5-4-0-1 | L3 |
| Washington | 60 | 31 | 21 | 4 | 3 | 154 | 158 | 69 | 19-7-3-3 | 12-15-3-0 | 4-5-0-1 | W1 |
| Montreal | 61 | 31 | 22 | 4 | 3 | 154 | 158 | 69 | 14-14-1-2 | 17-12-1-0 | 2-7-0-1 | L2 |
| NY Rangers | 61 | 31 | 26 | 2 | 3 | 163 | 152 | 66 | 14-14-1-2 | 17-12-1-0 | 2-7-0-1 | L2 |
| Carolina | 60 | 28 | 24 | 4 | 4 | 174 | 184 | 64 | 15-10-1-1 | 13-14-3-3 | 3-5-2-0 | L3 |
| Buffalo | 58 | 27 | 25 | 6 | 0 | 166 | 171 | 60 | 12-15-2-0 | 15-10-4-0 | 5-4-1-0 | L3 |
| Atlanta | 60 | 25 | 25 | 4 | 6 | 173 | 197 | 60 | 13-12-1-2 | 12-13-2-0 | 2-7-1-0 | L3 |
| Florida | 58 | 25 | 26 | 3 | 4 | 154 | 158 | 57 | 12-11-3-3 | 13-15-0-1 | 3-5-1-1 | W1 |
| Toronto | 59 | 25 | 27 | 3 | 4 | 150 | 179 | 57 | 13-13-1-3 | 12-16-0-1 | 6-2-1-1 | L1 |
| New Jersey | 59 | 25 | 30 | 3 | 1 | 120 | 161 | 54 | 13-13-2-1 | 12-17-0-1 | 9-0-1-0 | W7 |
| NY Islanders | 59 | 22 | 30 | 3 | 4 | 161 | 195 | 51 | 11-14-1-3 | 11-16-2-1 | 7-3-0-0 | W1 |
| Ottawa | 59 | 19 | 31 | 5 | 4 | 132 | 194 | 47 | 9-16-2-3 | 10-15-3-1 | 2-6-1-1 | W1 |

WESTERN CONFERENCE

| | GP | W | L | OTL | SL | GF | GA | Pts | Home | Away | Last 10 | Strk |
|-------------|----|----|----|-----|----|-----|-----|-----|-----------|-----------|---------|------|
| d-Vancouver | 60 | 38 | 12 | 4 | 5 | 202 | 142 | 85 | 21-4-1-4 | 17-9-3-1 | 7-3-0-0 | W1 |
| d-Detroit | 59 | 37 | 16 | 4 | 2 | 199 | 169 | 80 | 18-7-3-8 | 20-8-1-1 | 7-3-0-0 | W5 |
| d-Phoenix | 60 | 32 | 19 | 6 | 3 | 172 | 167 | 73 | 15-10-2-3 | 17-9-3-4 | 8-2-0-0 | W7 |
| San Jose | 60 | 31 | 21 | 4 | 2 | 167 | 154 | 72 | 15-10-2-1 | 18-11-2-1 | 7-2-0-1 | W3 |
| Nashville | 59 | 31 | 20 | 5 | 3 | 156 | 139 | 70 | 14-6-4-3 | 17-14-1-0 | 4-4-1-1 | L1 |
| Calgary | 61 | 31 | 22 | 3 | 5 | 185 | 175 | 70 | 18-9-1-2 | 13-13-2-3 | 7-1-1-1 | W3 |
| Los Angeles | 59 | 32 | 23 | 2 | 2 | 165 | 142 | 68 | 17-9-1-2 | 15-14-2-1 | 6-1-1-2 | L2 |
| Dallas | 59 | 31 | 22 | 2 | 1 | 164 | 171 | 61 | 17-8-2-3 | 14-14-0-1 | 2-7-1-0 | L4 |
| Minnesota | 59 | 31 | 22 | 1 | 5 | 154 | 155 | 68 | 15-12-0-3 | 16-10-1-2 | 6-3-0-1 | L1 |
| Anaheim | 60 | 32 | 24 | 2 | 2 | 169 | 178 | 68 | 17-9-0-5 | 15-15-2-1 | 6-4-0-0 | L3 |
| Chicago | 59 | 30 | 23 | 2 | 4 | 186 | 166 | 66 | 18-14-0-0 | 12-9-3-3 | 4-4-0-2 | W1 |
| Columbus | 58 | 29 | 23 | 3 | 3 | 159 | 175 | 64 | 14-13-2-0 | 15-10-3-1 | 5-4-0-1 | W1 |
| St. Louis | 57 | 27 | 21 | 4 | 5 | 160 | 167 | 63 | 18-8-1-3 | 9-13-3-2 | 5-3-1-1 | W3 |
| Colorado | 59 | 25 | 27 | 7 | 0 | 173 | 202 | 57 | 14-14-0-0 | 11-13-3-0 | 0-9-1-0 | L10 |
| Edmonton | 59 | 19 | 32 | 1 | 7 | 150 | 198 | 46 | 10-17-1-3 | 9-15-1-3 | 4-6-0-0 | W3 |

d — division leaders ranked 1-2-3 regardless of points; a team winning in overtime or shootout is credited with two points and a victory in the OTL (overtime loss) or SL (shootout loss) column.

Yesterday's results

| | |
|-------------------------------|------------------------------|
| Calgary 4 Montreal 0 | New Jersey 4 Carolina 1 |
| Chicago 3 Pittsburgh 2 (SO) | NY Islanders 3 Los Angeles 0 |
| Detroit 2 Minnesota 1 (SO) | Phoenix 3 Nashville 2 |
| Philadelphia 4 N.Y. Rangers 2 | San Jose 4 Colorado 0 |
| Washington 2 Buffalo 1 | St. Louis 9 Anaheim 3 |

Saturday's results

| | |
|----------------------------|----------------------------------|
| Edmonton 5 Atlanta 3 | Florida 10 NY Islanders, 1 p.m. |
| Ottawa 1 Toronto 0 (SO) | Chicago at St. Louis, 2 p.m. |
| Vancouver 5 Dallas 2 | Washington at Pittsburgh, 7 p.m. |
| Florida 3 Tampa Bay 2 (SO) | Columbus at Chicago, 8:30 p.m. |

FLAMES 4, CANADIENS 0

| | |
|---|--|
| First Period | 6. Edmonton, Hall 19 (Hemsky, Gilbert) 1:21 (pp) |
| 7. Edmonton Hall 20 (Gagner, Smid) 14:35 | |
| 8. Edmonton, Hemsky 13 (Horcoff, Peckham) 10:48 (en) | |
| Penalties — Enstrom (hooking) o:40, Thorburn Att (tripping) 1:19, Enstrom Att (slashing) 9:01, Penner Edm (slashing) 9:10, Anfrupov Att (double high-sticking) 12:54. | |

| | |
|--------------------------------------|--|
| Third Period | 4. Calgary, Tanguay 16 (Iginla, Morrison) 10:53 (pp) |
| Penalty — Hamrik Mtl (hooking) 8:58. | |
| Shots | |
| Montreal 8 21 10 —39 | |

| | |
|--|--|
| Calgary 10 11 7 —37 | Edmonton 11 13 11 —38 |
| Goal — Montreal: Price (L27-20-6); Calgary: Kiprusoff (W,27-9-4). Power plays (goals-chances) — Montreal: o:01; Calgary: 0:45. | Goal — Dallas: Raycroft (L8-5-0); Vancouver: Luongo (W,28-10-7). |
| Penalties — Hamrik Mtl (high-sticking) 0:45; Bouwmeester Cal (interference) 10:59. | Power plays (goals-chances) — Dallas: o:3; Vancouver: o:2. |
| Referees — Brad Meier, Mike Leggo. Linesmen — Mike Cvirk, Mark Wheeler. Att. — 41,022 (41,022) at Calgary. | Referees — Gord Dwyer, Brad Watson. Linesmen — Don Henderson, Brad Lamont. Att. — 16,830 (16,830) at Edmonton. |

SATURDAY

| | |
|-----------------------|------------------------------|
| OILERS 5, THRASHERS 3 | Montpellier 1 Lille 0 |
| First Period | Nice 0 Paris Saint-Germain 3 |
| Second Period | Toulouse 1 Rennes 2 |
| Third Period | Grenoble 1 Montpellier 1 |

| | |
|---|---|
| No Scoring. | Ligue 1 |
| Penalties — Condre Ott (hooking) 12:08, Toronto bench (too many men; served by Lupul) 14:04, Kovalev Ott (high sticking), Lessard Ott, Rosehill Tor (misconduct) 17:31. | Penalties — Condre Ott (hooking) 12:08, Toronto bench (too many men; served by Lupul) 14:04, Kovalev Ott (high sticking), Lessard Ott, Rosehill Tor (misconduct) 17:31. |
| Second Period | Montpellier 1 Lille 0 |
| Third Period | Nice 0 Paris Saint-Germain 3 |

| | |
|--|--|
| No Scoring. | Toulouse 1 Rennes 2 |
| Penalties — Eberle Edm (holding the stick) 5:42, Byfuglien Att (delay of game) 7:20, Stuart Att (Jacques Edm (fighting) 9:50, Penner Edm (tripping) 11:57, Gagner Edm (delay of game) 17:48, Peckham Edm (interference) 19:51. | Penalties — Eberle Edm (holding the stick) 5:42, Byfuglien Att (delay of game) 7:20, Stuart Att (Jacques Edm (fighting) 9:50, Penner Edm (tripping) 11:57, Gagner Edm (delay of game) 17:48, Peckham Edm (interference) 19:51. |
| Third Period | 4. Atlanta, Kane 17 (Bogosian, Hainsey) 1:12. |
| Shots | Atlanta 5 10 7 0 —22 |

| | |
|--|--|
| Edmonton 5 10 7 0 —22 | Toronto 13 17 13 4 —47 |
| Penalties — Wheeler Att (hooking) 1:59, Bogosian Att (hooking) 5:51. | Penalties — Wheeler Att (hooking) 1:59, Bogosian Att (hooking) 5:51. |
| Second Period | Atlanta 5 10 7 0 —22 |
| Third Period | Toronto 13 17 13 4 —47 |

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|--|--|
| No Scoring. | Atlanta 5 10 7 0 —22 |
| Penalties — Wheeler Att (hooking) 1:59, Bogosian Att (hooking) 5:51. | Penalties — Wheeler Att (hooking) 1:59, Bogosian Att (hooking) 5:51. |
| Third Period | Atlanta 5 10 7 0 —22 |
| Shots | Atlanta 5 10 7 0 —22 |

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|--|--|
| Atlanta 5 10 7 0 —22 | Toronto 13 17 13 4 —47 |
| Penalties — Wheeler Att (hooking) 1:59, Bogosian Att (hooking) 5:51. | Penalties — Wheeler Att (hooking) 1:59, Bogosian Att (hooking) 5:51. |
| Second Period | Atlanta 5 10 7 0 —22 |
| Third Period | Toronto 13 17 13 4 —47 |

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|--|--|
| No Scoring. | Atlanta 5 10 7 0 —22 |
| Penalties — Wheeler Att (hooking) 1:59, Bogosian Att (hooking) 5:51. | Penalties — Wheeler Att (hooking) 1:59, Bogosian Att (hooking) 5:51. |
| Third Period | Atlanta 5 10 7 0 —22 |
| Shots | Atlanta 5 10 7 0 —22 |

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|--|--|
| Atlanta 5 10 7 0 —22 | Toronto 13 17 13 4 —47 |
| Penalties — Wheeler Att (hooking) 1:59, Bogosian Att (hooking) 5:51. | Penalties — Wheeler Att (hooking) 1:59, Bogosian Att (hooking) 5:51. |
| Second Period | Atlanta 5 10 7 0 —22 |
| Third Period | Toronto 13 17 13 4 —47 |

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|--|--|
| No Scoring. | Atlanta 5 10 7 0 —22 |
| Penalties — Wheeler Att (hooking) 1:59, Bogosian Att (hooking) 5:51. | Penalties — Wheeler Att (hooking) 1:59, Bogosian Att (hooking) 5:51. |
| Second Period | Atlanta 5 10 7 0 —22 |
| Third Period | Toronto 13 17 13 4 —47 |

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|--|--|
| No Scoring. | Atlanta 5 10 7 0 —22 |
| Penalties — Wheeler Att (hooking) 1:59, Bogosian Att (hooking) 5:51. | Penalties — Wheeler Att (hooking) 1:59, Bogosian Att (hooking) 5:51. |
| Second Period | Atlanta 5 10 7 0 —22 |
| Third Period | Toronto 13 17 13 4 —47 |

| | |
|--|--|
| No Scoring. | Atlanta 5 10 7 0 —22 |
| Penalties — Wheeler Att (hooking) 1:59, Bogosian Att (hooking) 5:51. | Penalties — Wheeler Att (hooking) 1:59, Bogosian Att (hooking) 5:51. |
| Second Period | Atlanta 5 10 7 0 —22 |
| Third Period | Toronto 13 17 13 4 —47 |

| | |
| --- | --- |
| No Scoring. | Atlanta 5 10 7 0 —22 |

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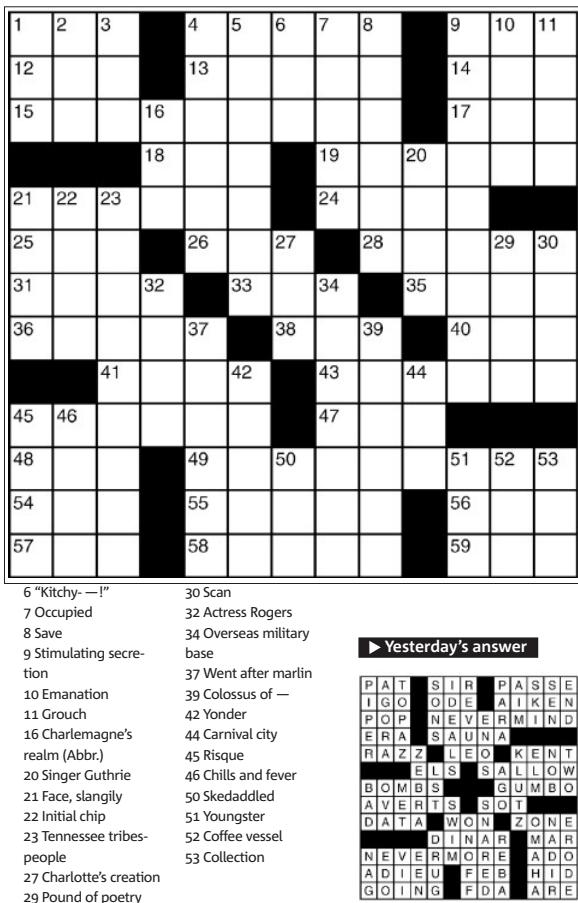
Crossword

Across

1 Components of psyches
 4 Dervish
 9 Atl. counterpart
 12 Meadow
 13 Sierra —
 14 "Ben—"
 15 Lustful
 17 Historic period
 18 Old Oldsmobile
 19 Sacred beetle
 21 Indiana basketball team
 24 Coin of the Continent
 25 Durham sch.
 26 Boar's mate
 28 Whom Bugs bugs
 31 Goblet feature
 33 Zodiac feline
 35 Seep out
 36 Calligraphy stroke
 38 Plant sticker
 40 Gun-lobby org.
 41 Leave out
 43 Needles partner
 45 Jaunty
 47 Luau bowliful
 48 One's years
 49 Greek historian
 54 Poolroom stick
 55 Obliterate
 56 Raw rock
 57 Affirmative
 58 Fender benders
 59 Stick with a kick

Down

1 Ailing
 2 Sardor or Ruby
 3 Pouch
 4 Laughs derisively
 5 Spray-can contents



► Yesterday's answer



Today's horoscope



For today's crossword answers and for expanded horoscopes, go to metronews.ca

Aries March 21-April 20 Use your powers of persuasion to get others to help you with something important. Because you are so impatient you may be inclined to go it alone but you won't get far on your own.

Taurus April 21-May 21 You are in exactly the right frame of mind to take a few risks, and chances are they will pay off in a big way.

Gemini May 22-June 21 Take the initiative and make things happen. If you sit there waiting for others to make the first move you won't get anywhere worth going today, so stop thinking so much and just act.

Cancer June 22-July 22 Everyone seems to approve of

what you are planning, but don't take that as a green light just yet because there are still a few loose ends that need to be tidied up before the time is right.

Leo July 23-Aug. 23 You are advised not to take anything, yourself included, too seriously today. Cultivate a frame of mind where life becomes a game and winning and losing are not in themselves that important.

Virgo Aug. 24-Sept. 22 Take responsibility for your thoughts, your words and your actions and don't try to blame others if things don't work out exactly as you had planned. Maybe that's not such a bad thing.

Libra Sept. 23-Oct. 23 How much do you trust someone you work with? Enough to trust them with a secret you don't want the whole world to know?

Scorpio Oct. 24-Nov. 22 Push your luck a bit today. Take the kind of chances you usually prefer to avoid.

Sagittarius Nov. 23-Dec. 21 A good deed done with no thought of reward for yourself will have the kind of positive consequences that even a far-sighted Sag cannot have anticipated.

Capricorn Dec. 22-Jan. 20 This is one of the best times of the year for socializing and mixing with people from all

Sudoku

| | | | | | | | | |
|---|---|---|---|---|---|---|---|---|
| 4 | | | | 9 | | | | 1 |
| 5 | 1 | | | | | | 2 | 7 |
| | | | | 8 | 5 | | | |
| | | | 2 | | | | 4 | 9 |
| | | 4 | | | | 6 | | |
| 9 | 3 | | | 7 | | | 8 | |
| | | | | 9 | 6 | | | |
| 7 | 9 | | | | | | 1 | 3 |
| 8 | | | 5 | | | | | 6 |

How to play

Fill in the grid, so that every row, every column and every 3x3 box contains the digits 1-9. There is no math involved. You solve the puzzle with reasoning and logic.

Yesterday's answer ►

| | | | | | | | | |
|---|---|---|---|---|---|---|---|---|
| 3 | 8 | 2 | 1 | 6 | 9 | 7 | 5 | 4 |
| 7 | 1 | 5 | 8 | 2 | 4 | 9 | 3 | 6 |
| 4 | 9 | 6 | 5 | 3 | 7 | 8 | 1 | 2 |
| 5 | 6 | 8 | 3 | 4 | 2 | 1 | 9 | 7 |
| 9 | 4 | 1 | 6 | 7 | 8 | 5 | 2 | 3 |
| 2 | 3 | 7 | 9 | 5 | 1 | 6 | 4 | 8 |
| 6 | 5 | 9 | 4 | 8 | 3 | 2 | 7 | 1 |
| 1 | 2 | 3 | 7 | 9 | 6 | 4 | 8 | 5 |
| 8 | 7 | 4 | 2 | 1 | 5 | 3 | 6 | 9 |

Yesterday's answer ►



Show some love! Send a note to somebody special at kiss@metronews.ca

To my Marmot,
 I love you more than I thought I could ever love anyone. This past year has been the most wonderful of my entire life. I look forward to a lifetime of them. Love so much,
 YOUR BOBCAT

I just want to send love to my bf M.c. His been my rock through my life. I just wanna say thank you..je t'aime cheri... Yours truly Angel m Wallace..

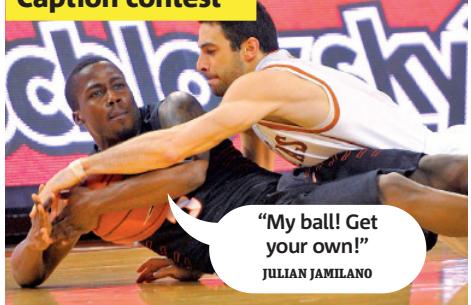
Track 26 Lady: Thank you for returning my belongings and restoring my faith in humanity. You are one in a million!

Debby, I love you dearly, my bestfriend. Times are going to be tough, but I will be by your side for every step of it. Be strong, and have faith.

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Caption contest



You write it!

Write a funny caption for the image to the right and send it to play@metronews.ca — the winning caption will be published in tomorrow's Metro.



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| | | | | | |
|---|--|--|--|---|---|
| 07 Escape XLT • AWD, Load A/C, Auto • st: 31661 • km: 111184 \$11,980 \$109** Bi-weekly | 06 Acura CSX • Load, A/C, Auto • st: 31360 • km: 95800 \$12,980 \$137** Bi-weekly | 07 Mazda CX-7 GS • Load, A/C, Auto, Roof • st: 31015 • km: 62338 \$16,620 \$164** Bi-weekly | 06 Jeep Liberty • 4WD, Load, A/C, Auto • st: 31321 • km: 70173 \$12,780 \$135** Bi-weekly | 11 Camry LE • Load, A/C, Auto • st: 31552 • km: 34496 \$19,980 \$162** Bi-weekly | 07 Legacy • AWD, Load, A/C, Roof, Auto • st: 28575 • km: 79319 \$16,950 \$154** Bi-weekly |
| 06 Torrent • Load, A/C • st: 31285 • km: 74466 \$12,980 \$137** Bi-weekly | 07 Freestyle • Load, A/C • st: 31543 • km: 64104 \$14,650 \$133** Bi-weekly | 10 Charger • Load, A/C, Auto, Mags • st: 31168 • km: 55610 \$15,980 \$129** Bi-weekly | 10 Mustang • Load, A/C, Auto • st: 29797 • km: 23269 \$21,850 \$169** Bi-weekly | 09 Sentra Xtronic CVT • Load, A/C, Auto • st: 31134-A • km: 64651 \$11,540 \$93** Bi-weekly | 07 Accord SE • Load, A/C, Auto, Roof • st: 31637 • km: 91105 \$12,980 \$118** Bi-weekly |
| 07 Saturn Vue V6 • AWD, Load, A/C, Auto • st: 31688 • km: 78321 \$15,650 \$143** Bi-weekly | GREAT VEHICLES UNDER \$10,000 | | | | 06 Outlander • Load, A/C, Auto • st: 31497 • km: 97187 \$10,980 \$116** Bi-weekly |
| 07 Mazda B4000 • 4x4, Load A/C, Auto • st: 31631 • km: 72273 \$13,980 \$127** Bi-weekly | 07 Civic LX Coupe • Load, A/C • st: 31494 • km: 91558 \$8,470 \$86** Bi-weekly | 07 Calibre SXT • Load, A/C • st: 31400 • km: 102118 \$8,940 \$81** Bi-weekly | 07 Mazda3 • A/C • st: 31641 • km: 92875 \$7,830 \$71** Bi-weekly | 05 Echo LE • Auto • st: 31514 • km: 77079 \$6,950 \$73** Bi-weekly | 09 Corolla CE • A/C, Auto • st: 31520 • km: 55765 \$12,850 \$104** Bi-weekly |
| 07 Ford Ranger Sport • Load, A/C, Auto • st: 31647 • km: 43721 \$11,730 \$107** Bi-weekly | 07 Versa • Load, A/C • st: 31018 • km: 58297 \$9,960 \$91** Bi-weekly | 07 Matrix • Std • st: 31273 • km: 75264 \$8,270 \$75** Bi-weekly | 07 Saturn Aura • Std • st: 31699 • km: 86391 \$9,660 \$88** Bi-weekly | 07 Mazda5 GS • Load, A/C • st: 31628 • km: 113646 \$9,410 \$86** Bi-weekly | 06 Nissan X-Trail XE • Utility, 4WD, Load • st: 31392 • km: 97650 \$10,950 \$115** Bi-weekly |
| 07 Impreza • AWD, Load, A/C • st: 31392 • km: 96310 \$12,870 \$117** Bi-weekly | 07 Uplander LS • Load, A/C • st: 31512 • km: 90245 \$9,650 \$88** Bi-weekly | 07 Focus SE • Load, A/C • st: 31662 • km: 78401 \$6,980 \$64** Bi-weekly | 07 Compass • Load, A/C, Auto • st: 31563 • km: 106187 \$9,970 \$91** Bi-weekly | 07 Montana SV6 • Load, A/C, Auto • st: 31570 • km: 60703 \$9,370 \$85** Bi-weekly | 06 Equinox LT • Load, A/C, Auto • st: 31195 • km: 81561 \$12,650 \$133** Bi-weekly |
| 07 Santa Fe GL • Load, A/C, Auto • st: 31312 • km: 92609 \$14,970 \$136** Bi-weekly | 08 Pontiac G5 • A/C, Auto • st: 29152 • km: 60703 \$7,950 \$72** Bi-weekly | 07 Jetta City • A/C • st: 31653 • km: 97017 \$8,940 \$81** Bi-weekly | 07 Vibe • Load, A/C • st: 31584 • km: 87753 \$8,870 \$81** Bi-weekly | 07 Yaris • Auto • st: 31636 • km: 83509 \$8,350 \$76** Bi-weekly | 09 Gr. Caravan SE • Stow-N-Go, Load, A/C • st: 31895 • km: 28939 \$16,380 \$133** Bi-weekly |
| 09 Impala LS • Load, A/C • st: 28976 • km: 63031 \$13,840 \$123** Bi-weekly | 08 Tucson • AWD, Load, A/C, Auto • st: 11074-A • km: 73767 \$14,850 \$135** Bi-weekly | 07 Cadillac CTS • Load, A/C, Rod, Lthr • st: 31554 • km: 59366 \$16,860 \$154** Bi-weekly | 10 Accent • Load, A/C, Auto • st: 31174 • km: 41740 \$10,750 \$87*** Bi-weekly | 07 Volvo S40 • Load, A/C, Rod, Lthr, Auto • st: 31601 • km: 77117 \$16,970 \$155** Bi-weekly | 06 Altima 2.5S • Load, A/C, Auto • st: 31136 • km: 97046 \$10,640 \$112** Bi-weekly |

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